

Important fruit-producing and seed-producing native plants and the timing of fruit or seed availability

Species	Common Name	Timing of Availability	Birds Benefited
Soft mast fruits			
<i>Amelanchier arborea</i>	Serviceberry	May - June	R, G, M, W, P
<i>Vaccinium spp</i> (native)	Blueberry	May - October	M, R, T, C, O
<i>Gaylussacia spp.</i> (native)	Huckleberry	May - October	M, R, T, C, O
<i>Rubus spp</i> (native)	Blackberry	June - July	R, M, G, T, W, O
<i>Sassafras albidum</i>	Sassafras	June - July	M, R, T
<i>Rhus spp.</i> (native)	Sumac	June - October	R, M, G, T
<i>Prunus serotina</i>	Black cherry	July - August	R, G, M, W, P, T, O
<i>Parthenocissus quinquefolia</i>	Virginia Creeper	July - August	R, M, P, T
<i>Sambucus canadensis</i>	Elderberry	July - September	R, M, G, S, T, O, P
<i>Lindera benzoin</i>	Spicebush	August - September	R, T
<i>Nyssa sylvatica</i>	Beetlebung/Blackgrape	August - October	R, M, P, T, W
<i>Phytolacca americana</i>	Pokeweed	August - October	R, M, G, W
<i>Vitis spp</i> (native)	Grape	August - October	M, R, G, W, P, C, O
<i>Toxicodendron radicans</i>	Poison ivy	August - November	R, P, M, C, S, W
<i>Viburnum spp</i> (native)	Viburnum/Arrowwood	August - December	M, W
<i>Ilex glabra</i>	Inkberry	August - December	R, M, W, P
<i>Ilex verticillata</i>	Winterberry	August - December	R, M, W, P
<i>Smilax spp</i> (native)	Greenbrier	September -	W, R
<i>Aronia spp</i> (native)	Chokeberry	September -	W, R, G
<i>Ilex opaca</i>	American holly	September - February	R, M, W, P
<i>Juniperus virginiana</i>	Eastern redcedar	September - February	W, G, R, M
Hard mast fruits or seeds			
<i>Acer rubrum</i>	Red maple	March - April	G, N, C, S
<i>Panicum spp</i> (native)	Switchgrass	April - October	S, G
<i>Carex spp</i> (native)	Sedge	May - July	S, G
<i>Helianthus spp</i> (native)	Sunflower	July - October	S, G, C
<i>Ambrosia artemisiifolia</i>	Ragweed	August - October	S, G
<i>Pinus spp</i> (native)	Pine	August - November	G, S
<i>Symphyotrichum/Eurybia/Ionactis spp</i> (native)	Aster	August - February	G, S, C, N
<i>Fagus grandifolia</i>	American beech	September - October	P, N
<i>Quercus spp</i> (native)	Oaks	September -	P, N, C, M
<i>Sorghastrum nutans</i>	Indiangrass	September - February	G, S
<i>Coreopsis rosea</i>	Pink tickseed	September - March	G, S
<i>Solidago spp</i> (native)	Goldenrod	October - March	G, S
<i>Andropogon/Symphyotrichum spp</i> (native)	Bluestem	October - March	G, S

Key

R = Robins, thrushes

M = Mockingbirds, catbirds, thrashers

S = Sparrows, towhees

G = Grosbeaks, buntings, cardinals, finches

T = Tanagers, vireos

O = Orioles

C = Chickadees, titmice

W = Waxwings

N = Nuthatches

P = Woodpeckers